

Foundation Skills - Level 1

Fill in the date that you achieve each objective in each location.

Inside

location	#1	#2	#3	#4	#5
~ behavior ~					
Game 1 Zen					
Objective 1: Dog holds himself back from a fist closed around a treat.					
Objective 2: Dog holds himself back from a treat on your open hand.					
Objective 3: Dog makes eye contact with you when he moves away from the treat					
Objective 4: Dog holds himself back from a treat at the edge of a low stool or table.					
Objective 5: Dog holds himself back from a treat on the floor.					
Objective 6: Dog holds himself back from a treat held by another person.					
Objective 7: Dog holds himself back from higher value treats					
Objective 8: Add a Cue					
Game 2: Eye Contact					
Objective 1: Dog makes eye contact with you when the empty treat pouch is on your hand at nose level					
Objective 2: Dog makes eye contact with treat pouch on leg or ground					
Objective 3: Dog makes eye contact with treat pouch on low stool or table					
Objective 4: Dog makes eye contact with pouch on lap while sitting					
Objective 5: Dog makes eye contact with treat pouch worn on front while standing					
Objective 6: Dog makes eye contact with treat pouch worn on one side and then the other.					
Objective 7: Dog makes eye contact with treats on a plate on the counter, in the fridge and cupboard					
Objective 8: Dog makes eye contact with treats held at arm's length (adding duration)					

Objective 9: Dog makes eye contact with no treats visible					
Game 3: The Dance					
Objective 1 Dog takes one step toward you as you step back					
Objective 2 Dog takes one step with you as you step sideways in each direction					
Objective 3 Dog takes two steps toward you as you step 2 steps backwards					
Objective 4 Dog takes two steps with you as you step 2 steps sideways					
Objective 5 Dog takes five steps toward you as you step 5 steps backwards					
Objective 6 Dog takes five steps toward you as you step 5 steps sideways					
Objective 7 Dog takes one step forward while you take one step back, sideways, forward, then sideways.					
Objective 8 Dog takes 5 steps with you moving back, sideways and forwards.					
Objective 9 Dog takes Dog takes 10 steps forwards while you take one step back, sideways forward, then sideways.					
Objective 10: Dog will relearn the dance with the leash attached to her harness.					
Objective 11: Dog will relearn the dance with the handler in several new locations.					
Objective 12: Dog will ignore distractions while dancing with his human partner					
Game 4: Potty					
Objective 1: Dog learns a cue to pee					
Objective 2: Dog learns a cue to poop					
Objective 3: Handler identifies potential locations to train potty behaviours near home and in daily life					
Objective 4: Dog potties on at least 3 new surfaces.					
Objective 5: Dog potties on at least 3 designated areas.					
Objective 6: Dog learns that sit is a desired behavior when the handler captures the behaviour and adds a cue.					
Objective 7: Dog learns that down is a desired behaviour when the handler captures the behaviour and adds a cue.					

Game 5: Nose Target					
Objective 1: Dog does a solid closed mouth nose touch to the palm of your hand					
Objective 2: Dog responds to the verbal cue.					
Objective 3: Dog does multiple cued nose touches to your hand for one treat.					
Objective 4: Dog does a nose touch in a figure 8 between your legs.					
Game 6: Stick Target					
Objective 1: Dog nose targets just the tip of the stick.					
Objective 2: Dog nose targets the tip of the stick with some of the stick visible.					
Objective 3: Dog targets the tip of the stick with the entire length visible with stick presented straight on					
Objective 4: Dog follows target stick in a full circle					
Objective 5: Dog targets the tip of the stick with the entire length visible with stick presented sideways					
Objective 7: Dog follows target stick 3 feet.					
Objective 8: Dog follows target stick up onto furniture					
Objective 9: Dog follows target stick under object					
Game 7: Kissy Sound					
Objective 1: Dog reacts with a head turn when she hears the sound.					
Objective 2: Dog moves towards handler when she hears the sound.					
Objective 3: Dog calls away from the food distraction when she hears the sound.					
Objective 4: Dog turns back to you when a toy is thrown with some intensity.					
Objective 5: Dog turns back to you when you are out of sight and make the sound.					
Objective 6: Dog turns back to you in the presence of toys					
Objective 7: Dog responds the the kissy sound when not in a training session					
Game 8: Handling					
Objective 1: Dog enjoys a neck, bum and chest massage					
Objective 2: Dog enjoys head, muzzle, and lips being handled					

Objective 3: Dog enjoys ears being handled					
Objective 4: Dog enjoys putting on a harness					
Objective 5: Dog enjoys legs, paws toes being handled					
Objective 6: Dog enjoys another person holding the leash with her handler standing 20 feet away					
Objective 7: Dog enjoys you bending over the dog					
Objective 8, 9, 10: Repeat objective 1 to 7 with at least 3 other people working through the process					
Game 9: Paw Target					
Objective 1: Dog touches target on the ground with one front paw					
Objective 2: Dog touches disk on ground 6 feet away from you.					
Objective 3: Dog changes position around the paw target (work the clock)					
Objective 4: Dog learns a verbal cue for the paw target behaviour					
Objective 5: Dog paws a smaller and smaller target					

